

[Click here to purchase my book: *With Our Words, We Create*](#)

LOVIN'

This song started as a breakup song. Not an ordinary breakup song though. It was a gentle, connected and respectful song about being open and honest in a relationship.

When I wrote “Lovin’” (initially titled “Wonder”), I was trying to let go of a relationship and to make some sense of it. For a couple years I was really proud of the song. Playing it over and over these last few years, however, I have recognized that I was not as proud of myself as I once thought I was. Because I was selfish and unable to really be there for my girlfriend, I didn’t show up in the relationship to allow it to last. This song is about making the shift and putting love as a priority, not just in my schedule but in my mind.

While writing this song, I entered into a meaningful relationship. Since I have been determined to grow as a partner in the relationship, I have felt a stronger and stronger pull to make the song reflect staying together, not breaking up. And when I started reading Regi Campbell’s book *What Radical Husbands Do*, I knew the song had to go in a *stay together, make it work, choose love* direction.

The chorus is now about appreciating the other person in the relationship and programming myself to fall into a deeper state of love with my partner.

**I know about me, I know about you
 Lovin’ has made it through
 I wanna thank you for the truth my friend
 Now I can see
 You and me
 We were meant to be
 We’re gonna help each other dream till the end
 Fallin’ in lovin’
 Lovin’ you
 Fallin’ in lovin’
 Lovin’ you.**

As we all know, relationships are tricky and enough triggers convince us that our relationships might not work. Well, I am here to say try harder! That is what the song is about-- supporting each other’s dreams but also having a shared dream. It is about strong and honest communication. It is about being more selfless than you have ever been. It is not easy, but from what I can tell, it is worth it, both for the way you feel and the way you make your partner feel. This song is about being in love.

Lyrically, I mix my rap style cultivated during my years in Funktion with my ever-growing ability to sing. Both verses are rap and contrast with the pre-chorus and chorus which are more melodic. The rap in the first verse is the story of meeting each other for the first time; it relates the incredible power of love in the beginning and then the struggles that come a little later down the road.

Verse one explains the beginning:

**We started off with some hot and heavy love
You're cooler than I'd ever dreamed of
So quickly clicking, like we were meant to be
I was made for you and you were made for me.**

**Circumstances made it easy to do
Now we're moving in together under one roof
No calculations on what we're going to do
Two young lovers with nothing to lose.**

**This situation had some disagreements coming
Now we both got emotions that are running
It's such a battle to fight with one you love
It's getting rough.**

I structured the lyrics to remind myself that even in times of struggle we can come together in our relationships and find love. Maybe you had a relationship that is no longer; if you are singing along to this song consider the lines in the chorus that say “We were meant to be.” I ask what you learned from that relationship to help you in your next relationship. *Meant to be* does not mean it is going to last forever; it simply means that at that moment in your journey something special emerged. From being together, each of you may have learned to be more aware and able as a partner.

What sticks with me about this song is the power of our minds to create a wonderful relationship. The thoughts we allow ourselves to think, the stories we tell ourselves, can be destructive to the relationship. When I initially wrote this song, I was not a great boyfriend; in fact, I was a terrible boyfriend. Much of that was because I focused on what was wrong, broken and missing, versus what was right, working and wonderful. I like to think of this song as a reminder of being in love: the journey, the challenges, and the ability to focus on what is working instead of what is not.

The pre-chorus of this song

**We got fears and we're pushing through
Through the years I'll be lovin' you**

reminds us how lucky we are someone is willing to be our partner in our life's journey. I hope this song helps us all to try harder in our relationships, to remember to use our mental energy to create positive thoughts about our partners. And, to be more curious about how to be a great and giving partner ourselves.

Want to read more? Purchase my book [*With Our Words, We Create.*](#)